

5

5.1 13,000

3/31

4/5

12,000

5.2

2,000

6

6.1 5 2 13:00-16:30
 13:30-17:00

5 3 08:00-09:30
 10:00

12:25 1

5 4 08:30
 09:55
 18:00

5 5 08:30
 09:55

6.2 14:00

6.3

6.4 7

7

7.1

7.2 6.1

7.3

7.4 5m

8

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12

12.1 P

13

13.1 7 2

13.2 (a) 4

(b) 4

14

14.1 4 20

14.2

15

16

16.1 2020

16.2 2020

17

RRS4

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ilcajpn-kyouka@cityfujisawa.ne.jp

1. <http://sail.jpn.com/>

2

1500 /1 /

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3

<http://sail.jpn.com/>

2 20 3 1
3 2 3 22 2

<http://sail.jpn.com/>

4.

2 13:00-13:30
13:45- 15:45

2020

<http://www.laserjapan.org/wp-content/uploads/2018/09/2019-Physical-fitness-measurement.pdf>